

	Mobility	Visual	Hearing	Mental Health	Autism	Speech	Dexterity	Long term pain	Breathing	Learning
Abseiling	Yes - a wheelchair abseil is also available	Yes	Yes to all - get in touch for specific requirements	Yes to all - depends on level of confidence to which is more suitable	Yes to all - level of support required will differ dependent on persons needs, for example booking 1-1	Yes to all	Yes to all	Yes to all but some sessions may cause discomfort depending on the issue	Yes to all but adaptations will need to be made depending on severity and any apparatus relied on	All sessions can be adapted depending on learning needs
Aerial Trek (Upper)	Challenging	Yes								
Aerial Trek (Lower)	Not recommended	1-1								
Air Rifles	Yes	1-1								
Archery	Yes	1-1								
Balance Beam	Very challenging depending on issue	Challenging								
Bell Boating	Yes - hoist if needed	Yes								
Bushcraft	Yes	Yes								
Canoeing	Yes - hoist if needed	Yes								
Climbing	Yes - with support	With support								
Crate Stack	Not recommended depending on issue	Yes								
Fencing	Yes	With support								
Gladiator Challenge	Not recommended depending on issue	1-1								
High All Aboard	Yes - adapted & with support	With Support								
Kata Kanu	Yes - hoist if needed	Yes								
Kayaking	Yes - hoist if needed	Yes								
Leap of Faith	Very challenging depending on issue	With support								
Orienteering	Yes - session can be adapted	Yes but ran differently								
Powerfan	Yes	Yes								
Raft Building	Yes - with support	With support								
Stand up Paddleboard	Yes - adapted & with support	1-1								
Team Building	Yes - session can be adapted	Yes but ran differently								
Zipline	Yes	Yes								