

Location:	Leicester Outdoor Pursuits Centre	Date of Assessment:	1/4/10	Last Reviewed:	Name of Assessor: Chris Murnin
Activity:	Indoor Climbing (A Frame)	Assessment Reference No:	4.5	Dec 22 DR	

This assessment is to be read in conjunction with "Abseiling, Climbing and High Ropes"

HAZARD	CONTROL MEASURES
Falling from height	<ul style="list-style-type: none"> ▪ Ground anchor bar and roof anchor inspected quarterly ▪ Participants and spectators instructed not to climb on or lean over the rails of the stairs.
Being hit by an object or person falling	<ul style="list-style-type: none"> ▪ All participants wear correctly fitted helmets when climbing or when at the base of the wall. ▪ Access to ground level doors only to be allowed when climber is on the ground.
Banging head	<ul style="list-style-type: none"> ▪ All people to wear correctly fitted helmets when climbing or when at the base of the wall. ▪ Participants only climb set climbing holds and not other parts of the building.
Bannister	<ul style="list-style-type: none"> ▪ Warn participants to stay close to the wall when being lowered. ▪ Participants and spectators instructed not to climb on or lean over the rails of the stairs.
Swinging	<ul style="list-style-type: none"> ▪ Instructor to brief participants of the risk of swinging and colliding with something. ▪ Warn climbers if they are going off route ▪ Advise where necessary to reduce risk.
Trapped hair / clothing / fingers / jewellery	<ul style="list-style-type: none"> ▪ Ensure long hair is tied back, jewellery removed and loose clothing is tucked in. ▪ Only climbing holds to be used as handholds. ▪ Holds must be regularly checked and maintained. ▪ Participants lowered facing the wall to avoid snagging helmet on a hold
Further risks	<ul style="list-style-type: none"> ▪ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved. ▪ Some risks remain due to the nature of the activity but every care must be taken to minimise these